



Hon'ble PM highlighted PMBJP at the India-Seychelles Joint Press Meet

India and Seychelles signed a Memorandum of Understanding (MoU) on the Jan Aushadhi initiative during the Hon'ble Prime Minister Narendra Modi's three-day state visit to Seychelles from 27th June to 29th June, 2026. Under this MoU signed on 28th June, India will supply quality generic medicines and medical products at affordable prices to the people of Seychelles through the Jan Aushadhi Scheme.

Speaking after talks with H.E. Seychelles President Patrick Herminie, Hon'ble Prime Minister Modi said the MoU would strengthen cooperation in the health sector. He recalled India's support during the COVID-19 pandemic, when India supplied vaccines to Seychelles as a trusted partner.

The agreement will enable the export of affordable generic medicines and medical products from India under the Jan Aushadhi Scheme. India will also continue to support Seychelles through medical training, capacity building, and other healthcare initiatives, further strengthening the long-standing friendship between the two countries.



Total Number of
Kendras = 20,149
(till 30.06.2026)



Total Sales crossed
Rs. 474.40 Crore in this
Financial Year 2026-27
(till 30.06.2026)



Estimated Savings Approx. of
Rs. 1,897.60 Crore to Citizens
in this Financial Year 2026-27
(till 30.06.2026)



Sales of
June 2026
Rs. 202.94 Crore

HIGHLIGHTS

PMBJP Expansion Strengthens Affordable Healthcare Across India: Hon'ble Union Minister Shri J.P. Nadda

Addressing the Amar Ujala Samwad 2026 in Dehradun on 24th June 2026, Hon'ble Union Minister of Health & Family Welfare and Minister of Chemicals & Fertilizers, Shri Jagat Prakash Nadda, highlighted the remarkable expansion of the Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP) across the country.

Hon'ble Union Minister, Shri J.P. Nadda emphasized that the Jan Aushadhi initiative is transforming healthcare by reducing the financial burden of medical treatment while ensuring the availability of life-saving medicines. He further stated that a healthy population is the backbone of a productive economy and a key driver of the vision of Viksit Bharat. The continued expansion of PMBJP



reflects the Government's commitment to providing affordable, accessible and inclusive healthcare for all.

HIGHLIGHTS

Yoga

for Healthy Ageing:

PMBJP celebrated the
12th International Day of Yoga 2026



The Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP) celebrated the 12th International Day of Yoga on 21 June 2026 with great enthusiasm under the theme **"Yoga for Healthy Ageing."** The celebration highlighted the importance of yoga in promoting physical fitness, mental well-being, natural immunity and healthy ageing.

Jan Aushadhi Kendras across the country organized yoga sessions and awareness programmes, encouraging people of all age groups to make yoga a part of their daily lives. PMBI's Marketing Officers also coordinated yoga activities at the grassroots level, spreading awareness about the health benefits of regular yoga practice. Through these initiatives, PMBJP reinforced

its commitment to preventive healthcare and healthy living. The nationwide celebration inspired communities to adopt healthier lifestyles and reflected the Government's vision of promoting wellness alongside affordable healthcare for all.

SURAT, GUJARAT



LEH, LADAKH



GOPALGANJ, BIHAR



BHOPAL, MADHYA PRADESH



ANANTNAG, JAMMU AND KASHMIR



MAHBUBNAGAR, TELANGANA



HIGHLIGHTS

PMBJP

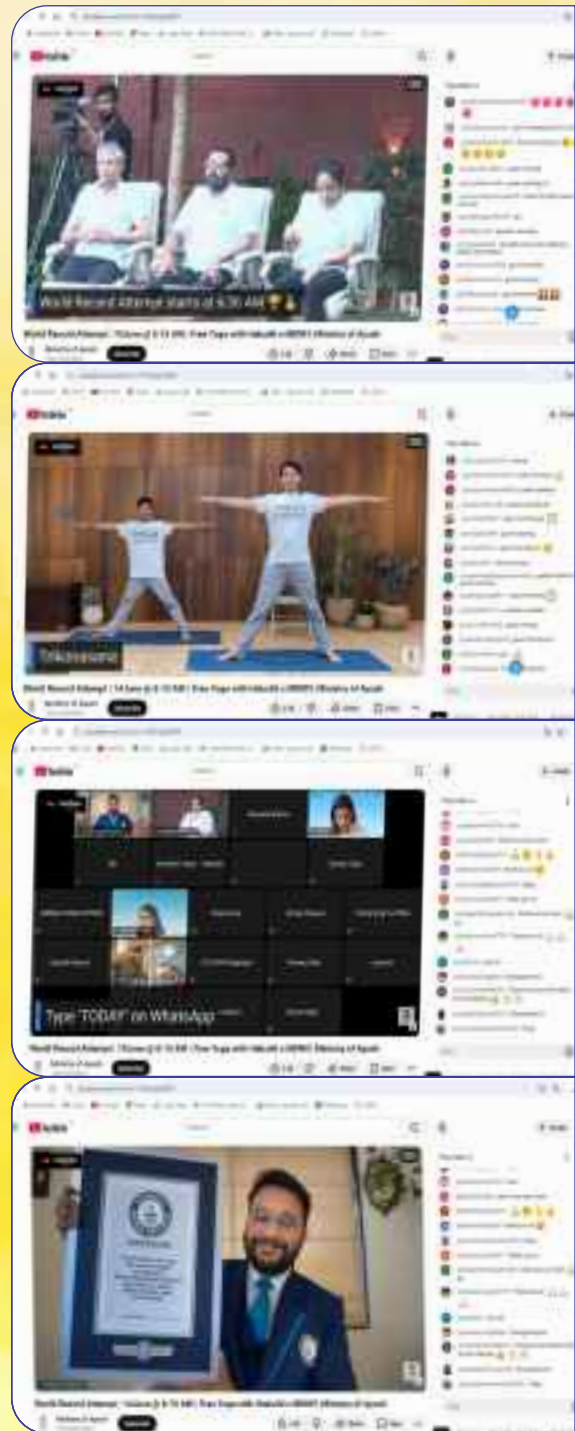
Participates in

GUINNESS WORLD RECORD

Yoga Event

In a remarkable celebration of health and well-being, the Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP) was thrilled to be a part of a monumental milestone on 14 June 2026, from 6:15 AM to 7:15 AM, as the Ministry of AYUSH and MDNIY to set a Guinness World Record attempt for Observance of 12th International Day of Yoga 2026. Bringing together participants from over 130 countries, the event successfully set a Guinness World Record for the Most Viewers for a YouTube Live Yoga Stream through the collective practice of the Common Yoga Protocol.

Participating under the theme “Yoga for Healthy Ageing,” PMBJP reaffirmed its commitment to promoting preventive healthcare and holistic wellness. The initiative underscored the importance of combining affordable medicines with healthy lifestyle practices to build a healthier nation. Through its participation, PMBJP reinforced its vision of empowering citizens with accessible healthcare while encouraging the adoption of yoga as a pathway to active ageing, improved well-being, and a healthier future for all.



IN THE NEWS



Jun 14, 2026

PM Modi highlights Ayushman Bharat and Jan Aushadhi as key affordable healthcare gains over 12 years



New Delhi [India], June 14 (ANI): Prime Minister Narendra Modi on Sunday highlighted India's progress in making healthcare more affordable and accessible over the past 12 years, citing flagship initiatives such as Ayushman Bharat and the Pradhan Mantri Bharatiya Jan Aushadhi Pariyojana.

In a post shared on X, the Prime Minister said the country has worked consistently to strengthen its public healthcare system and reduce treatment costs for citizens, especially the most vulnerable sections.

"Over the last 12 years, India has worked to make quality healthcare more affordable and accessible. We feel proud when we are known as the nation with the world's largest healthcare programme, Ayushman Bharat, which provides top-quality healthcare to the most vulnerable," PM Modi said.

He also underlined the role of the Jan Aushadhi initiative in bringing down medicine costs for citizens across the country.

"Other efforts like PM Bharatiya Jan Aushadhi Pariyojana have made medicines affordable. The prices of stents and knee implants have become affordable, and this has helped many people. At the same time, medical education has become more accessible to people due to more institutions and seats being available," he wrote.

THE
Kashmir Horizon
THE NEWSPAPER FOR INDIA'S PEOPLE'S MOVEMENT

Jun 23, 2026

At Republic Summit, Modi Outlines India's Path to Global Power



New Delhi: Prime Minister Narendra Modi on Monday asserted that the principle of "Nation First" has been the driving force behind India's transformation over the past decade, describing the country as not only one of the world's fastest-growing economies but also a credible and reliable global partner.

Addressing the Republic Summit 2026 on the theme "Great Power India: Nation First", the Prime Minister said India's achievements in governance, economic growth, infrastructure expansion and social welfare were rooted in a collective commitment to national development.

Greeting the participants, Modi said the summit was being held at a time when the world was witnessing rapid and consequential changes, making discussions on India's role and future particularly significant.

"The country has emerged not only as one of the world's fastest-growing economies but also as a credible and reliable partner. India's rise is founded on trust, stability and a commitment to the larger global good," he said.

He further highlighted efforts to reduce healthcare costs through Jan Aushadhi Kendras and welfare programmes that expanded health coverage, particularly for senior citizens. These initiatives, he said, had improved access to affordable healthcare and reduced out-of-pocket expenditure for millions of families.

IN THE NEWS



THE ECONOMIC TIMES

Jun 14, 2026

FM Nirmala Sitharaman calls Karnataka's stand on Jan Aushadhi Kendras as Congress pettiness, rejects tax devolution charge



Bengaluru: Finance Minister Nirmala Sitharaman on Sunday criticised Karnataka's earlier decision to shut Jan Aushadhi Kendras operating within government hospitals, calling it an example of the Congress party's "pettiness".

The Jan Aushadhi scheme had made medicines up to 60% cheaper and helped families save nearly Rs 40,000 crore across the country, Sitharaman said addressing party workers at the Viksit Bharat Sankalp Samavesh at the BJP headquarters in Bengaluru.

"By briefly shutting these centres in Karnataka, the state government hurt the poor and middle class, the very people these schemes are meant to serve. It shows their pettiness, but that's how the Congress actually works," she said.

हि हिन्दुस्तान

Jun 03, 2026

आंती पैक्स परिसर में खुला जिले के पहला जन औषधि केंद्र

जिले में सहकारिता क्षेत्र को मजबूत करने और आम जनता को सस्ती स्वास्थ्य

सुविधाएं मुहैया कराने को लेकर नवादा सदर प्रखंड के आंती पैक्स द्वारा जिले के पहले जन औषधि केंद्र का विधिवत आरम्भ किया गया।



केंद्र का उद्घाटन

प्रधानमंत्री भारतीय जन औषधि परियोजना के तहत नवादा सदर प्रखंड के आंती पैक्स (प्राथमिक कृषि साख समिति) परिसर में यह केन्द्र खोला गया है। इस केंद्र का उद्घाटन जिला सहकारिता पदाधिकारी आलोक कुमार द्वारा किया गया। इस अवसर पर विशिष्ट अतिथि के रूप में जिला केंद्रीय सहकारी बैंक नवादा की प्रबंध निदेशक आरती कुमारी, सहायक निबंधक (सहयोग समितियां) राजीव कुमार सिंह और आंती पैक्स के अध्यक्ष विवेकानंद शर्मा मुख्य रूप से उपस्थित रहे।

कार्यक्रम के दौरान जिले के वरीय सहकारिता प्रसार पदाधिकारी प्रमोद कुमार, पवन कुमार, सुनील कुमार एवं सदर सहकारिता प्रसार पदाधिकारी मनोज कुमार सहित बड़ी संख्या में स्थानीय लोग उपस्थित थे। सहकारिता विभाग एवं जिला पदाधिकारी के महत्वपूर्ण मार्गदर्शन में शुरू हुए इस केंद्र को लेकर पैक्स अध्यक्ष विवेकानंद शर्मा ने बताया कि इसके खुलने से क्षेत्र की आम जनता को बेहद सस्ती दरों पर जेनेरिक दवाएं उपलब्ध होंगी।

दैनिक भास्कर

Jun 11, 2026

अमृतकौर अस्पताल में ट्रॉमा वार्ड के सामने खुला जनऔषधि केंद्र



ब्यावर। अमृतकौर अस्पताल के ट्रॉमा वार्ड के ठीक सामने पार्किंग स्थल पर नया जनऔषधि केंद्र बनाया गया है। इससे अस्पताल आने वाले मरीजों के परिजनों को बाजार से महंगी दवाएं खरीदने से राहत मिलेगी। यहां कम दाम पर उच्च गुणवत्ता वाली जेनेरिक दवाएं मिलेंगी। ट्रॉमा वार्ड के सामने होने से आपात स्थिति में आने वाले मरीजों को दवाइयों के लिए दूर नहीं जाना पड़ेगा। परिसर में ही दवा मिल सकेगी। पार्किंग क्षेत्र के एक हिस्से का उपयोग इस सुविधा के लिए किया गया है। इससे अस्पताल आने वाले हजारों मरीजों को रोज फायदा मिलेगा।

IN THE NEWS

यहां बाजार की ब्रांडेड दवाओं के मुकाबले 50% से 90% तक कम कीमत पर जेनेरिक दवाएं मिलेंगी। इससे गरीब और मध्यमवर्गीय परिवारों का मेडिकल खर्च घटेगा। अस्पताल के व्यस्त हिस्से पार्किंग एरिया का उपयोग होने से ओपीडी और आईपीडी में आने वाले मरीजों को सीधा फायदा मिलेगा।

अमर उजाला

Jun 16, 2026

Noida News: जन औषधि केंद्रों ने आसान बनाई स्वच्छता की राह



संवाद न्यूज एजेंसी

नोएडा। मासिक धर्म के दौरान स्वच्छता बनाए रखना महिलाओं के स्वास्थ्य के लिए जरूरी है। आर्थिक रूप से कमजोर परिवारों की महिलाएं व किशोरियां महंगे सेनेटरी पैड खरीदने में असमर्थ रहती हैं। ऐसे में प्रधानमंत्री भारतीय जन औषधि परियोजना के तहत संचालित जन औषधि केंद्र महिलाओं के लिए बड़ी राहत बनकर उभरे हैं।

राष्ट्रीय स्वास्थ्य सर्वेक्षण रिपोर्ट के अनुसार, मासिक धर्म को लेकर जागरूकता बढ़ी है। जिले के विभिन्न जन औषधि केंद्रों पर महिलाओं को मात्र एक रुपये में पैड उपलब्ध कराया जा रहा है। जिला अस्पताल सेक्टर-39, भंगेल सामुदायिक स्वास्थ्य केंद्र, बरौला सीएचसी, सेक्टर-63, सेक्टर-1, सेक्टर-29 समेत जिले के कई सरकारी स्वास्थ्य केंद्रों और अन्य स्थानों पर संचालित जन औषधि केंद्रों पर यह सुविधा उपलब्ध है। सबसे खास बात है कि 10 रुपये में दस सेनेटरी पैड वाला पैकेट आता है। इसके साथ ही 15 रुपये में एक पैकेट मिलता है, जिसमें पांच सेनेटरी पैड होते हैं। बाजार में मिलने वाले कई ब्रांडेड उत्पादों की तुलना में यह कीमत काफी कम है, जिससे बड़ी संख्या में महिलाएं इसका लाभ उठा रही हैं। जन औषधि केंद्रों के संचालकों के अनुसार सेनेटरी पैड की मांग लगातार बढ़ रही है।

आंकड़े बताते हैं कि एक जन औषधि केंद्र से औसतन हर पांच दिन में करीब 300 सेनेटरी पैड की बिक्री हो रही है। यह दर्शाता है कि महिलाएं अब मासिक धर्म स्वच्छता को लेकर अधिक जागरूक हो रही हैं और कम कीमत में उपलब्ध इस सुविधा का लाभ उठा रही हैं।



Jun 17, 2026

Jan Aushadhi Kendras grow to over 19,200 from just 84 in 2014: Govt



New Delhi, June 17 (IANS) From around 84 functional Jan Aushadhi Kendras in 2014, the network has grown to more than 19,200 Kendras across the country in 2026, making quality generic medicines accessible at affordable prices to millions of citizens, the government said on Wednesday.

India's pharmaceutical landscape has witnessed a remarkable growth and transformation in the last 12 years under the leadership of Prime Minister Narendra Modi.

The Ministry of Chemicals and Fertilisers said the expansion of the Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP) is one of the Department of Pharmaceuticals' most impactful achievements.

The scheme has expanded significantly in remote regions, including the eight North Eastern states where the number of Jan Aushadhi Kendras (JAKs) increased from just one in 2014 to 417 in 2026.

Several states have recorded steady expansion under the scheme. Uttar Pradesh leads the country with 4,042 JAKs, followed by Kerala (1,791), Karnataka (1,665), Tamil Nadu (1,591), Bihar (1,183), West Bengal (937), Gujarat (918), Odisha (852), Rajasthan (718) and Maharashtra (741), informed the ministry.

The national capital New Delhi has witnessed growth from 4 Kendras in 2014 to 645 Kendras in 2026, Jammu & Kashmir from 6 to 358 Kendras, Himachal Pradesh from 8 to 76, Punjab from 20 to 556 and Tripura from 1 to 33.

IN THE NEWS

अमर उजाला

Jun 20, 2026

Lucknow News: कल्याण सिंह कैंसर संस्थान में खुलेगा जनऔषधि केंद्र



लखनऊ। कल्याण सिंह सुपर स्पेशियलिटी कैंसर संस्थान में जल्द ही प्रधानमंत्री भारतीय जनऔषधि केंद्र शुरू किया जाएगा। संस्थान, बी-पैक्स सोनई कंजरेहा और सूर्य देव लक्ष्मी मेमोरियल चैरिटेबल ट्रस्ट के बीच त्रिपक्षीय समझौता ज्ञापन पर हस्ताक्षर हुए। इस पहल का मुख्य उद्देश्य कैंसर और अन्य गंभीर बीमारियों के मरीजों को सस्ती दवाओं पर जेनेरिक दवाएं उपलब्ध कराना है।

संस्थान के निदेशक प्रो. एमएलबी भट्ट ने बताया कि यह केंद्र विशेष रूप से कैंसर रोगियों और लंबे समय तक इलाज करा रहे मरीजों के लिए राहत देगा। यह समझौता सस्ती और गुणवत्तापूर्ण स्वास्थ्य सेवाओं को बढ़ावा देने की दिशा में एक महत्वपूर्ण कदम है। समझौता ज्ञापन पर संस्थान के निदेशक प्रो. एमएलबी भट्ट, बी-पैक्स सोनई कंजरेहा के सचिव अभिषेक सहाय और सूर्य देव लक्ष्मी मेमोरियल चैरिटेबल ट्रस्ट की मुख्य ट्रस्टी अलका सिंह ने भी हस्ताक्षर किए। इस अवसर पर संस्थान के डीन डॉ. प्रमोद कुमार गुप्ता और चिकित्सा अधीक्षक डॉ. वरुण विजय सहित कई वरिष्ठ अधिकारी मौजूद रहे।

NEWS 18

Jun 20, 2026

10% Margin Hike, More Credit Support: Govt Sweetens Terms For Generic Medicine Shops



In a significant boost to the government's flagship affordable medicines scheme, the Pharmaceuticals & Medical Devices Bureau of India (PMBI) has increased the trade margin for Jan Aushadhi Kendras from 20 per cent to 30 per cent—a move aimed at improving the viability of stores operating under the Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP) and strengthening the distribution network for low-cost generic medicines across the country.

The revised margin is part of a broader package of measures announced by PMBI to improve sales of Jan Aushadhi products, ease working capital pressures on distributors and retailers, and address inventory-related concerns within the supply chain.

"The latest package appears aimed at improving the business viability of Jan Aushadhi Kendras rather than merely expanding their numbers. A government-commissioned evaluation of the scheme's "continuous viability" found that gains for retailers have not been uniform, with only 43.4 per cent reporting an increase in income since opening their stores," a senior government official privy to the development told News18. The study, he said, also flagged operational issues such as medicine availability and supply-related challenges. "Against this backdrop, the decision to raise retailer margins to 30 per cent, extend credit periods and provide additional safeguards against inventory losses could help strengthen the economics of running a Kendra and improve retailer retention across the network."

By addressing these concerns together, PMBI appears to be shifting its focus from expanding the number of outlets to improving the sustainability of existing ones, the official added. Credit support, expiry protection and higher incentives

Under the revised framework, PMBI has extended the credit period available to distributors from 60 days to 90 days for payments made to the bureau. In turn, distributors will be required to provide Jan Aushadhi Kendra operators with a 75-day credit period for medicines supplied to them, giving retailers greater financial flexibility.



SOCIAL MEDIA HIGHLIGHTS

(PMBJP Retweeted)

Post

Narendra Modi (@Modi)

Over the last 12 years, India has worked to make quality healthcare more affordable and accessible.

We feel proud when we are known as the nation with the world's largest healthcare programme, Ayushman Bharat, which provides top-quality healthcare to the most vulnerable.

Other efforts like PM Shree Atiya Jan Aushadhi Pariyojana have made medicines affordable. The prices of stem and knee implants have become affordable and this has helped many people.

At the same time, medical education has become more accessible to people due more institutions and seats being available.

We will keep building on this ground covered so far in order to build a healthy India.

[#12YearsOfSwachhBharat](#)

10:59 AM · Jun 16, 2023 · 2M views

1.1K 1.4K 316 1.1K

Retweet

View gallery

Post

Jagat Prakash Nadda (@JP_Nadda)

[Twitter](#) [Facebook](#) [Instagram](#)

Under the visionary leadership of the Honorable Prime Minister Shri [@narendramodi](#) ji, India's health services have seen comprehensive expansion over the past 12 years. From COVID-19 management to the development of quality treatment facilities, the country has achieved remarkable milestones in the health sector.

In the last 12 years, the number of ABMS in the country has increased from 8 to 23, over 42 crore teleconsultations have been completed through e-Sanjeevani, and over 43 crore Ayushman Bharat cards are providing significant financial security to millions of vulnerable and needy families. Efforts like over 80 crore digital health records, more than 16,000 Jan Aushadhi centers, and the Ayushman Vay Vandana scheme have made health services more accessible, affordable, and people-centric.

India is playing a vital role in the global health sector by supplying 70% of the world's antitubercular drugs, 55-60% of UNICEF's vaccine needs, and nearly 70% of generic drugs.

India's healthcare transformation today is laying a strong foundation for a healthy, empowered, and developed India.

[#12YearsOfSwachhBharat](#)

[View this translation](#)

Post

Anupama Patel (@AnupamaPatel)

[Twitter](#) [Facebook](#) [Instagram](#)

Millions of tele-consultations through e-Sanjeevani, availability of affordable medicines through Jan Aushadhi centers, and remarkable progress in the TB eradication campaign are significant achievements towards realising the resolve of a healthy India.

Let us share these historic efforts that ensure the reach of health services to every individual and contribute to building a healthy, empowered, and developed India.

[#12YearsOfSwachhBharat](#)

[View this translation](#)

19,000+ Kendras
providing medicines at 20-80% lower prices

237/lakh population

187/lakh population

TELEHEALTH ASSISTANCE IN WARDING A TEACHER

WILL GET TO QUALITY CARE

10:59 AM · Jun 16, 2023 · 857 views

1 1.4K 316 1.1K

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Post

Department of Pharmaceuticals (@MinPharm)

Did you know?

More than 16,000 Jan Aushadhi Kendras are now providing quality medicines at prices that are often 20-80% lower than branded alternatives, helping families reduce their healthcare expenses significantly.

[#12YearsOfSwachhBharat](#)

WHAT'S IN IT FOR ME
Thanks to Jan Aushadhi Kendras,
19,000+ Kendras
providing medicines at 20-80% lower prices

Ensuring 80% coverage of essential medicines, now reach every hard-to-reach area.

PH India and Maharashtra

10:59 AM · Jun 16, 2023 · 308 views

1 1.4K 316 1.1K

Retweet

View gallery

Shri Pradeep Kumar Singh

Hon'ble Member of Parliament, Araria,
Gol inaugurated PMBJK

📍 **Near Sadar Hospital, Araria
(Bihar)**



Shri Vijay Kumar Dubey

Hon'ble Member of Parliament, Kushi
Nagar, Gol inaugurated PMBJK

📍 **Community Health Centre,
Ramkola, Kushinagar
(Uttar Pradesh)**

Dr. Dayashankar Mishra 'Dayalu'

Hon'ble Minister of State (Independent
Charge) for Ayush, Food Safety and
Drug Administration, Govt. of Uttar
Pradesh inaugurated PMBJK

📍 **Lanka, Varanasi (Uttar Pradesh)**



Shri Sham Lal Sharma

Hon'ble Member of Legislative Assembly,
Jammu North, Govt. of Jammu and
Kashmir inaugurated PMBJK

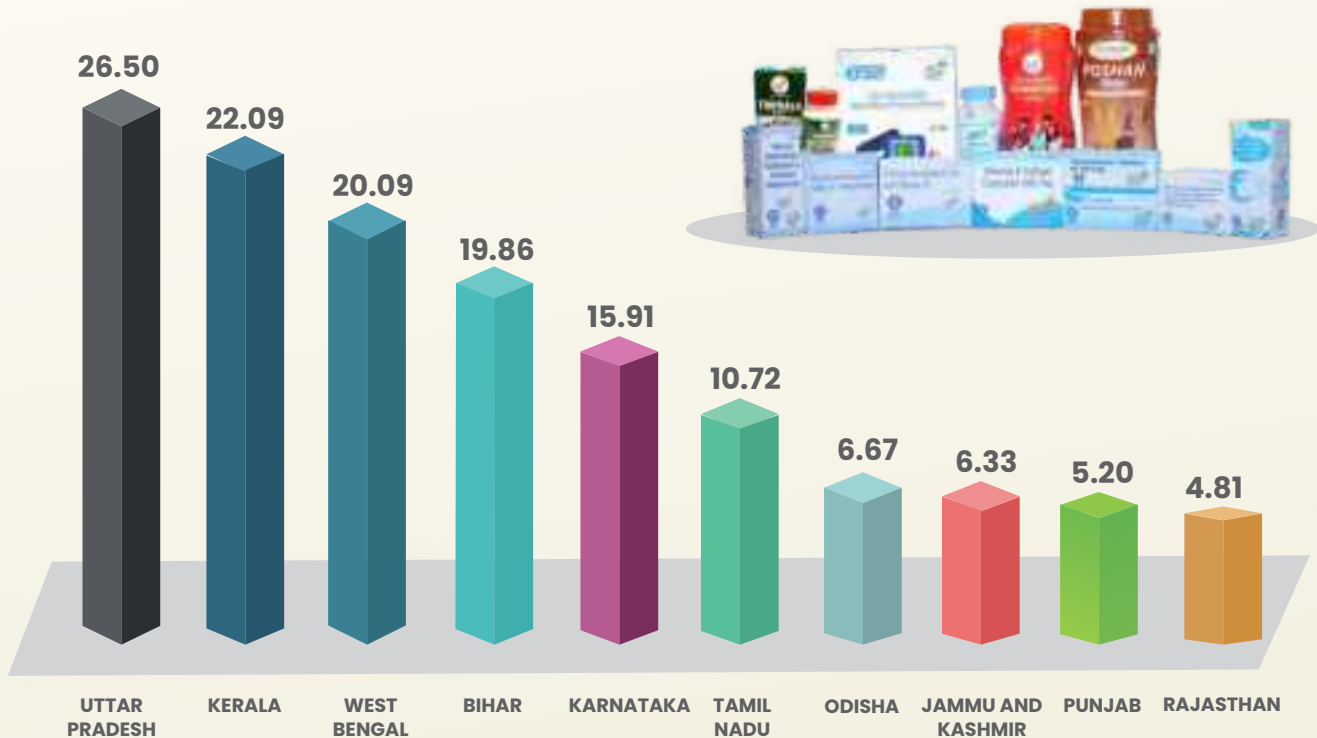
📍 **Purkhoo Camp, Jammu North
(Jammu and Kashmir)**

Best Performing States

in terms of

Sales in Rs. Crores

JUNE



WELCOMING 20 NEW PARTNERS WHO JOINED PMBI IN THE MONTH OF JUNE 2026

PMBJK23156-Kurakula Pravallika, Door No 17-4/64, Ground Floor, Kotappakonda Road, Opp. YSR Statue, Guravayapalem, Narasaraopeta, Palnadu, Andhra Pradesh-522601

PMBJK23203-Indrajit Kumar Brahma, JSB Civil Hospital, Kajalgaon, Chirang, Kajalgaon, Sidli-Chirang, Chirang, Assam-783385

PMBJK23022-Alka Kumari, H/O Ujjwal Priyadarshi, Ground Floor, B-142, Housing Colony Near Tempoo Stand, Lohiya Kankarbagh Patna, Bihar-800020

PMBJK23157-Ravindra Pratap Singh Tuteja, Shop No-03 Kh No.3527/5, Ward No.33, Ramanujward, Babupara, Ambikapur, Surguja, Chhattisgarh-497001

PMBJK23160-Pranay Bagga, Renu Khandelwal, Shop No.1, GF, Property no.89/AB, RK Complex, Near Hanuman mandir, Munirka Village, RK Puram, South Delhi Municipal Corporation, South West, Delhi-110058

PMBJK23067- Sisodiya Arpitaben Kirtipalsinh, House No. 1288, Mikat No. 2139, Ground Floor, At. Malekpur, Lunawada, Mahisagar, Gujarat-389230

PMBJK23125- Kumari Maya, Shop No. 3, Phool Kaur Azad Market, Sector-33, Kabnir Bhawan Chowk, Shiv Murti, Gurugram, Haryana-122001

PMBJK23079-Sharaz Ahmed, Darhal, District-Rajouri, Jammu & Kashmir-185135

PMBJK23106-Mamta Kumari Prasad, Kumaranthan, Near Block Office, Mayurhand P.O-Mayurhand, P.S- Mayurhand, Chatra Jharkhand-825408

PMBJK22946-Shekar M, K No 282 G Floor 14th Cross Narayan Nagar, 1st Block Doddakalasandra, Bangalore, Bengaluru South, Bengaluru Urban, Karnataka-560062

PMBJK22931-Bushra Nizar, Door No.5/332, Roaduvila, Cheriyaavelinalloor PO, Kottarakkara Taluk, Kottarakkara, Kollam, Kerala-691516

PMBJK22956-Hariom Kourav, Shop No/Plot No-71/72 Jhunku Ward Near City Hospital In Front Of Bank of Baroda, Deori, Sagar, Madhya Pradesh-470226

PMBJK23279-Sanahanbi Potshangbam, Wangoi Wahengbam Leikai, Ward No.3, Wangoi Imphal, Wangoi, Imphal West, Manipur-795009

PMBJK23139-Dr Mary V Zoenpuii, Vengchhak, Tlabung H.NO.-B-632, Tlabung, Lunglei, Mizoram-796751

PMBJK23175-Jibesh Chandra Samantaray, Plot No 575, Khatiyon No 307/127 Mouza Pippal Madhaba Ground Floor Room No 1 At/Po/Ps- Pippal Madhaba, Tirtol, Jagatsinghapur, Odisha-754160

PMBJK23084-Seema Joshi, Shop No. 1, Plot No. 124/263, Agarwal Farm, Mansarovar, Jaipur, Rajasthan-302020

PMBJK23185-Rajasree R, No.87/X7, North Face, Ground Floor, Sathy Road, Sarkarsamakulam, Annur, Sarkar Samakulam, Annur, Sarkarsamakulam, Coimbatore, Tamil Nadu-641107

PMBJK23289-Sedmaki Sreelatha, 4-112/9/1, Ground Floor, KCB Garden Road, Mavala(V), Mavala(M), Mavala, Adilabad, Telangana-504002

PMBJK23009, Surekha Singh, HPA V/A-747 & 829, Ground Floor, Awasi Vikas Hans Puram PS Naubasta, Kanpur Sadar, Kanpur, Kanpur Nagar, Uttar Pradesh-208021

PMBJK23169-Smarajit Upadhyay, Holding No.853/171, Itkhola Road, Near Bhangapul, Ward No.-13, Ground Floor and 1st Floor Under Alip, Alipurduar-I, Alipurduar, West Bengal-736121



Say No to PLASTIC

A Call to Action



Plastic has become an essential part of our daily lives. From shopping bags, water bottles to food packaging and household items, it is everywhere. While plastic is convenient and inexpensive, its excessive use has created a serious environmental crisis. Every year, millions of tons of plastic waste pollute our land, water bodies, threatening wildlife and human health. It is time for all of us to say no to plastic and adopt sustainable alternatives.

Why Is Plastic Harmful?



Plastic is non-biodegradable. It can stay in the environment for hundreds of years. During this time, it breaks down into tiny particles called microplastics, which contaminate soil, water and even the food we eat. Burning plastic also releases toxic gases that contribute to air pollution and climate change.

Why Should We Stop Using Plastic?



Plastic pollution is not just an environmental issue, it is a global challenge that affects our health, economy and future generations. If we continue using plastic at the current rate, the amount of plastic in the oceans could exceed in the coming decades.

SIMPLE STEPS TO REDUCE PLASTIC USE

Everyone can make a difference by adopting small but meaningful habits:



Carry a reusable cloth bag while shopping.



Use stainless steel or glass water bottles instead of plastic ones.



Avoid single-use plastic straws, cups and cutlery.



Choose products with eco-friendly or minimal packaging.



Reuse and recycle plastic whenever possible.



Participate in community clean-up drives and spread awareness.

The Role of Society



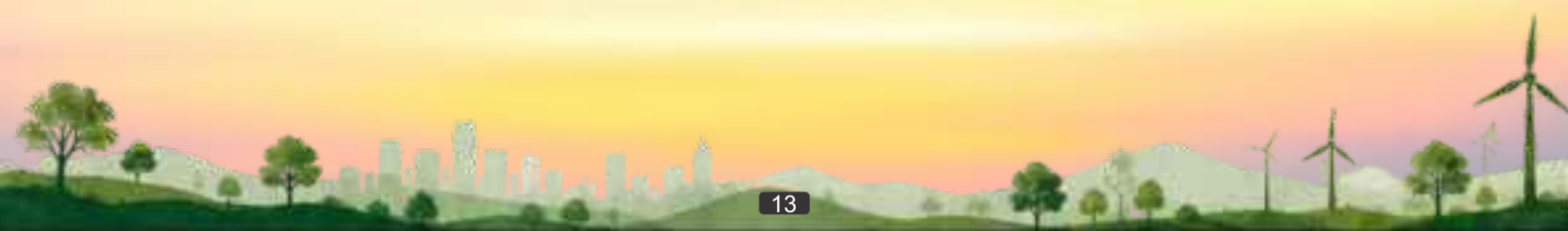
Governments, businesses, schools and individuals all have a role to play. Governments can implement stricter regulations on single-use plastics, businesses can develop sustainable packaging solutions and educational institutions can encourage environmental awareness. Together, these efforts can significantly reduce plastic waste.

Saying

"NO TO PLASTIC"

is not just a
Slogan,
it is a responsibility.

Every small action, whether carrying a reusable bag or refusing a plastic straw, contributes to a healthier environment





FILL IN THE PUZZLE BELOW BASED ON WHAT YOU HAVE READ ABOUT
SAY NO TO PLASTIC – A CALL TO ACTION ON THE PREVIOUS PAGE

01. Multiple Choice Questions

Plastic pollution affects our:

- A) Health only
- B) Economy only
- C) Future generations only
- D) All of the above

2. To reduce plastic waste at the grocery store, you should carry a reusable _____ bag.

4. Plastic pollution affects wildlife and human health.

True ☐ False ☐

03. True or False

Reusing and recycling plastic can help reduce waste.

True ☐ False ☐

05. Fill in the Blanks

Plastic does not break down naturally because it is _____.

